# LGBTQ+

Tutor time activities for -

LGBTQ Awareness week, week beginning 15<sup>th</sup> May 2017

and

International Day Against Homophobia: 17<sup>th</sup> May 2017

### What is LGBTQ+?

**LGBTQ+** is an acronym for Lesbian, Gay, Bisexual, Trans, Queer/Questioning, and others. It refers to a population of people united by having gender identities or sexual orientations that differ from the heterosexual majority.

What is gender orientation?

Each of us has a biological sex — whether we are female or male. Our gender is our social and legal status as men or women. And sexual orientation is the term used to describe whether a person feels sexual desire for people of the other gender, same gender, or both genders

#### What do the letters mean?

- L: Lesbian
  - Homosexual woman women who are attracted to women.
- **G**: **Gay** 
  - Homosexual man men who are attracted to men.
- B: Bisexual
  - Man or woman attracted to both men and women.
- T: Transgender/ Transsexual
  - Transgender: a person whose sense of personal identity and gender does not correspond with their birth sex
  - Transsexuals: are people who transition from one sex to another. A person born as a male can become recognisably female through the use of hormones and/or surgical procedures; and a person born as a female can become recognisably male
- Q: Questioning
  - it means the individual is uncertain of his or her orientation
- +: others
  - There are many more ways in which people prefer to define themselves useful link on slide 6.

## Video on Transgender....

• Watch this video (42 minutes long, so split into two or three shorter viewings!)

# Discussion – in small groups or led by your tutor, discuss.....

 How someone might feel, having been at school with the same friends for years, wanting to now be known as a boy not a girl?

What might their barriers be?

What could we/you do to make this easier for them?

• Do you agree that someone identifying as a boy, who is biologically a girl, should use the boys toilets and changing rooms?

#### Want to know more?

More information can be found <u>here</u>

(This will also help tutors answer questions that may be asked.)

Discuss any other aspect of LGBTQ+ that you find interesting.