

2024/25 Citizenship/PSHE curriculum

		Year 7	Year 8	Year 9	Year 10	Year 11
Autumn 1	1	Who am I?	How do rules and laws differ?	What is body image?	What is mental health?	Careers
	2					
	3	How are families different?	Who is involved in the legal process?	How might the media influence how I feel about the way I look?	What are eating disorders?	Careers
	4					
	5	What do healthy friendships look like?	Are all courtrooms the same?	How might drugs affect us?	How can I cope with grief?	Careers
	6					
	7	What is bullying?	How am I influenced?	Why do people use drugs?	Careers	How can I manage stress?
	8					
Autumn 2	9	Is everyone treated equally? What are stereotypes?	What should I know about knife crime?	What does the law say about drugs? Should cannabis be legalised?	Careers	How can I deal with disappointment?
	10					
	11	How can we deal with racism?	What is grooming?	What is addiction?	Careers	Allow loss of lessons for Mocks
	12					
	13	How can screentime affect my health?	What does 'county lines' mean?	Careers	What parts of our bodies can be donated to others?	How might my health affect my exam performance?
	14					
15	How much sleep should I be getting?	What does caffeine do to my body?	Careers	What is cancer?	Where does the government spend our money?	
Spring 1	16	What makes vaping addictive?	What are prescription drugs?	Careers	How can I examine myself? What services are available to manage my health?	Am I allowed to vote? How can I vote in a General Election?
	17					
	18	How can I manage my personal hygiene	How can I manage influence and pressure around alcohol? What are the physical effects of drinking alcohol?	What does a democratic country look like? How else might a country be run?	What are human rights? Do I have the right to say whatever I want?	How might people show their commitment to their partner?
	19					
	20	What are the physical changes of puberty? What are the emotional aspects of puberty?	How do vaccinations work? What do antibiotics do to my body?	What does the Cabinet do?	How does the law try to protect victims of FGM and GBV?	What are my personal boundaries?
Spring 2	22	Careers	Which common health conditions should I know about?	What do healthy, romantic relationships look like?	What are potential signs of abuse?	How realistic is pornography?
	23					
	24	Careers	How can I help someone who is choking or who is hurt?	What is consent?	What risks might be involved in sexual acts?	How can I maturely end a relationship? What does stalking look like?
	25					
	26	Careers	What is CPR, and how do defibrillators work?	What does the law say about sharing nudes?	What other forms of contraception exist?	Where can I access sexual health services?
	27					
Summer 1	28	What is a risk?	Careers	How are condoms used?	What factors might affect my fertility?	Allow time to catch-up on essential content which emerges throughout the year
	29					
	30	How can I be safe on, and near, the road?	Careers	What are STIs?	What options does someone have if they are pregnant?	Exams
	31					
32	How can I be safe online?	Careers	Are sexuality and gender identity the same thing?	Are all parents the same?		
33						
Summer 2	34	What is Parliament?	Which documents can help me to keep track of my money?	How might citizens become involved in the legal system?	What is phishing?	Exams
	35					
	36	What happens in a General Election?	Is a budget actually useful?	How do courts decide on sentences?	How do loans and mortgages work?	
	37					
	38	What do MPs do?	How does credit work?	What is international law?	How are taxes calculated?	
	39					

Careers and Economic & Financial Education

Citizenship Education

Health Education

Relationships & Sex Education