



**Ormiston
Sudbury
Academy**

Ambition - Respect - Endeavour

FORTNIGHTLY PARENT BULLETIN

10th October 2025

IMPORTANT INFORMATION

Important dates for parents

Please see here for important dates to be aware of: [Ormiston Sudbury Academy](#)

Attendance is everyone's responsibility

Attendance is a key priority at OSA. It is important that children are in school daily in order to maximise their chances of success through school which impacts on their life earnings potential. AT OSA last year we had above National Average attendance and we continue to see the same increased trend this academic year so far. Everyday counts! We do understand that some children can be anxious in the mornings and struggle to get going, this guide to "Managing morning anxiety" [Here](#) is to help parents and carers with that. Generally, once they are here the anxieties wane and there is a wealth of support at the academy to support them through the day.... but they need to be here to access it. Working together to improve attendance, and therefore success, is a vital aspect of our community.

Reporting Student Absences/Appointments/Lateness

Please use **OPTION 1** when calling the Academy **to report an absence/inform us of a student appointment/lateness**. It is likely that you will need to leave a message. If required, you will receive a call back as soon as it is possible.

When sending an email to report an absence/appointment/lateness please use the following email to ensure your message reaches the correct person: absence@ormistonsudbury.co.uk. Please can we ask if you add your child's initials to the subject line. This will help avoid any unnecessary calls to parents.

Medical/first aid support for students

Please be assured that when students are sent by a teacher to the medical room feeling unwell, they will be seen by one of our team quickly. If we feel that a student is particularly unwell, a parent/carer will be contacted - this may be to request medication or to check some information. We do, of course, try to encourage all students to try to 'keep going' if possible but always contact a parent/carer should we feel it is in the best interest of the student to be collected and taken home.

For your information, students can access a confidential drop-in service delivered by the School Nursing team on Wednesday lunchtimes from 1.35pm to 2.10pm.

Flu Vaccinations –24th October & 4th December

An email has been sent to parents regarding the forthcoming vaccination day. Please follow the link to give consent for your child: <https://eastanglia.schoolvaccination.uk/flu/2025/Suffolk>.

Year 11 Mock Exams – November 2025

Please see [here](#) for the year 11 mock exam timetable.

Go4Schools

For information on how to login in to Go4Schools for parents and students – please see our website [HERE](#)

Breakfast Club

We hold a breakfast club every school day, from 8.15am - available for years 7 to 11
The breakfast is held in M30: toast, cereal and hot/cold drinks are available.
There is no need to book every day, students can attend when needed. A great start to your child's day!

FSM vouchers for half term

Vouchers will be delivered by **Thursday 23 October 2025** in plenty of time before the start of the half term. **If you do not receive your vouchers by this date, please contact freeschoolmeals@suffolk.gov.uk.**

Year 11 - P6 lessons from 3.15pm to 4.00pm

These lessons will help support student's progress right through to their GCSE's during the summer term. Mr Robin will be happy to answer any questions that students may have.
Please see a link to the P6 timetable [HERE](#)

School letters

Please follow the link here [Ormiston Sudbury Academy - Letters/Emails Home](#) to view school letters.

NEWS, EVENTS AND TRIPS

Student permissions for sports activities

To give students permission to attend sports activities off site, we do require parental permission. The form can be found through parent's IPay Impact accounts '**School sports permission form**'. Please complete if your child wishes to take part in sports activities/fixtures off site.

Sporting fixtures can change quickly, please can students check with the PE team for all fixture information and updates.

For other non-sport activities, separate permission will be requested.

Forthcoming events – October/November

Friday 17th October - Non-pupil day (no students in the Academy)

Thursday 23rd October - Year 11 parents evening (in person) - booking information has been sent to parents.

Friday 24th October – Flu vaccinations (see information above)

25th October to 2nd November (all students return on Monday 3rd November) – Half term holiday

Monday 3rd November - Suffolk Future Skills Fair - Year 10 students

There are still a few spaces left on the Suffolk Future Skills Fair taking place in November. Please follow the link for more details: [Suffolk-Skills-Fair-3-November-2025.pdf](#)

Monday 3rd to Wednesday 12th November – Year 11 Mock exams

Friday 21st November – Year 9 MenAWY/DTP Vaccine – more details will follow in due course from the Suffolk vaccination team

Thursday 27th November – Year 9 parents evening (online) – further details to follow in due course

Lunch/After School Clubs

Lunchtime clubs [extra-curricular-during-Aut-25.pdf](#)

After school clubs [extra-curricular-end-of-day-Aut-25.pdf](#)

IMPORTANT CAREERS INFORMATION FOR STUDENTS/PARENTS/CARERS

Post 16 information for Y11 students

To support your child/young person with their next steps onto Further Education we will have the following Post 16 colleges and Sixth Forms hosting assemblies on the dates below. These assemblies will help to provide your young person with useful information on the opportunities available at these institutions and when their open days/evenings take place.

- Monday 13 October – Abbeygate Sixth Form College
- Tuesday 21 October – Thomas Gainsborough School
- Feb date TBC – Apprenticeship Assembly

Career Guidance/Next Steps Meetings

Our Academy Careers Adviser, Miss Boreham, will be arranging meetings with all Year 11 students to help support them with their career journeys and their next steps onto Further Education or Apprenticeships during the Autumn Term. If you would like to attend a meeting with your child/young person, please email hboreham@ormistonsudbury.co.uk

NHS short course details for Y11

For students in year 11 interested in pursuing a career in the NHS. West Suffolk HNS Foundation Trust is running a four-week course through their health academy. Click on the link below [Health academy](#)

COMMUNITY INFORMATION

Non-attendance – free webinar for parents and carers

Kooth in the Southeast & East Anglia community

‘EBSNA’ - Emotionally Based School Non- Attendance free 45-minute webinar for parents and carers. Emotionally Based School Non-Attendance, or EBSNA for short, refers to young people who struggle to attend school because of a range of emotional factors.

These can include struggling with issues like low mood, anxiety and loneliness. The impact of EBSNA can range from the young person experiencing an occasional reluctance to attend school, to complete non-attendance. It can start suddenly or develop gradually over time.

We’ve developed this free webinar for families to explore EBSNA as a complex issue and will give guidance on how digital mental health support can help. Please see [here](#) to register.

Teen Chill at Great Cornard Leisure Centre

Please see [Here](#) for more details

Youth Centre – free admission, food and drink

Please see [here](#) for more details.

Mental Health Workshops for Parents/Carers

Please see [Here](#) for more information

What parents need to know about youth violence

Please see [HERE](#) for more information.

An invitation to parents & grandparents – Wednesday 12th November

An evening with Dr Beth Mosley MBE – Consultant Psychologist – Sudbury Town Hall Please see [HERE](#) for more information.

Swimming – free taster sessions

Please see [here](#) for more information

Suffolk County Council Information – Let's protect young people from online radicalisation

Please see [HERE](#) for more information.

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