

Core PE Curriculum Map 2025/026

	Autumn Term					Spring Term			Summer Term			
	1	2	3 Mocks	4		5	6 Mocks	7	8 Exams	9 Exams	10 Exams	
Year 7 A	Sports Carousel and setting of PE levels	Boys Basketball Girls Netball Mixed Lacrosse	Boys Football Girls Trampolining Mixed Invasion game of choice	Boys Rugby Girls Badminton Mixed Trampolining	Comp week	Boys Table Tennis Girls HRF Mixed Invasion game of choice	Boys HRF Girls Handball Mixed Table tennis	Boys Handball Girls Table tennis Mixed HRF	Boys Athletics Girls Athletics Mixed OAA	Boys Lacrosse Girls Rounders Mixed Athletics	Boys Cricket Girls Lacrosse Mixed Rounders	Competition week
Year 7 B	Sports Carousel and setting of PE levels	Boys Basketball Girls Netball	Boys Football Girls Trampolining	Boys Rugby Girls Badminton	Comp week	Boys Table Tennis Girls HRF	Boys HRF Girls Handball	Boys Handball Girls Table tennis	Boys Athletics Girls Athletics	Boys Cricket Girls Rounders	Boys Lacrosse Girls OAA	Competition week
Year 8 a	Boys Basketball Girls Netball Mixed Handball	Boys Football Girls Trampolining Mixed Invasion game of choice	Boys Rugby Girls Badminton Mixed Trampolining	Boys Trampolining Girls OAA/Aerobics Mixed Badminton	Comp week	Boys Table Tennis Girls HRF Mixed Invasion game of choice	Boys HRF Girls Handball Mixed Table tennis	Boys Handball Girls Table tennis Mixed HRF	Boys Athletics Girls Athletics Mixed OAA	Boys Lacrosse Girls Rounders Mixed Athletics	Boys Cricket Girls Lacrosse Mixed Rounders	Competition week
Year 8 b	Boys Basketball Girls Netball	Boys Football Girls Trampolining	Boys Rugby Girls Badminton	Boys Trampolining Girls OAA/Aerobics	Comp week	Boys Table Tennis Girls HRF	Boys HRF Girls Handball	Boys Handball Girls Table tennis	Boys Athletics Girls Athletics	Boys Lacrosse Girls Rounders	Boys Cricket Girls Lacrosse	Competition week
Year 9 a	Boys Basketball Girls Netball Mixed Handball	Boys Football Girls Trampolining Mixed Invasion game of choice	Boys Rugby Girls Badminton Mixed Trampolining	Boys Trampolining Girls OAA/Aerobics Mixed Badminton	Comp week	Boys Table Tennis Girls Fitness programming PEP Mixed Invasion game of choice	Boys Fitness programming PEP Girls Handball Mixed Table tennis	Boys Handball Girls Table tennis Mixed Fitness programmingPE P	Boys Athletics Girls Athletics Mixed OAA	Boys Cricket Girls Rounders Mixed Athletics	Boys Softball Girls Lacrosse Mixed Rounders	Competition week
Year 9 b	Boys Basketball Girls Netball	Boys Football Girls Trampolining	Boys Rugby Girls Badminton	Boys Trampolining Girls OAA/Aerobics	Comp week	Boys Table Tennis Girls Fitness programming	Boys Fitness programming Girls Handball	Boys Handball Girls Table tennis	Boys Athletics Girls Athletics	Boys Cricket Girls Rounders	Boys Softball Girls Lacrosse	Competition week
Year 10 A	Boys Basketball Girls Netball Mixed Handball	Boys Football Girls Trampolining Mixed	Boys Rugby Girls Badminton Mixed Trampolining	Boys Trampolining Girls OAA/Aerobics Mixed Badminton	Comp week	Boys Table Tennis Girls Fitness programming PEP	Boys Fitness programming PEP Girls Volleyball or handball	Boys Volleyball or handball Girls Table tennis Mixed	Boys Athletics Girls Athletics Mixed OAA	Boys Cricket Girls Rounders Mixed Athletics	Boys Softball Girls Lacrosse Mixed Rounders	Competition week

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		Invasion game of choice				Mixed Invasion game of choice	Mixed Table tennis	Fitness programming PEP				
Year 10 b	Boys Basketball Girls Netball Mixed Handball	Boys Football Girls Trampolining Mixed Invasion game of choice	Boys Rugby Girls Badminton Mixed Trampolining	Boys Trampolining Girls OAA/Aerobics Mixed Badminton	Comp week	Boys Table Tennis Girls Fitness programming PEP Mixed Invasion game of choice	Boys Fitness programming PEP Girls Volleyball or handball Mixed Table tennis	Boys Volleyball or handball Girls Table tennis Mixed Fitness programming PEP	Boys Athletics Girls Athletics Mixed OAA	Boys Cricket Girls Rounders Mixed Athletics	Boys Softball Girls Lacrosse Mixed Rounders	Competition week
Year 11 A Core PE	Boys Basketball Girls Netball Mixed Handball	Boys Football Girls Trampolining Mixed Invasion game of choice	Boys Rugby Girls Badminton Mixed Trampolining	Boys Trampolining Girls OAA/Aerobics Mixed Badminton	Comp week	Boys Table Tennis Girls Fitness programming PEP Mixed Invasion game of choice	Boys Fitness programming PEP Girls Volleyball or handball Mixed Table tennis	Boys Volleyball or handball Girls Table tennis Mixed Fitness programming PEP	Exams Options choices of activity followed	Exams	Exams	
Year 11 B Core PE	Boys Basketball Girls Netball Mixed Handball	Boys Football Girls Trampolining Mixed Invasion game of choice	Boys Rugby Girls Badminton Mixed Trampolining	Boys Trampolining Girls OAA/Aerobics Mixed Badminton	Comp week	Boys Table Tennis Girls Fitness programming PEP Mixed Invasion game of choice	Boys Fitness programming PEP Girls Volleyball or handball Mixed Table tennis	Boys Volleyball or handball Girls Table tennis Mixed Fitness programming PEP	Exams Options choices of activity followed	Exams	Exams	