

Term	Week Number	Tutor time sessions	Timetabled lessons
Autumn 1	1		-
	2	How can social media affect me? (first half)	1 - What is mental health?
	3	How can social media affect me? (second half)	
	4	How can I support someone ...? (first half)	2 - How can I cope with grief?
	5	How can I support someone...? (second half)	
	6	How can I optimise my physical health? (first half)	3 - How can I develop my resilience?
	7	How can I optimise my physical health? (second half)	
	8	Should vaping be banned?	4 - Careers content – TBC
Autumn 2	9	What do I remember about essential first aid? (first half)	
	10	What do I remember about essential first aid? (second half)	5 - Careers content – TBC
	11	What else should I know about drugs and alcohol? (first half)	
	12	What else should I know about drugs and alcohol? (second half)	6 - Careers content – TBC
	13	What is cancer? (selected activities from this session)	
	14	What parts of our bodies can be donated to others?	7 - How can I identify meningitis and strokes?
	15	What parts of our bodies can be donated to others? (second half)	
Spring 1	16	What services are available to manage my health? Part one	8 - Boobs and Balls - Lifesaving skills: How can I examine myself?
	17	What services are available to manage my health? Part two	
	18	What are human rights? (first half)	9 - BHF - Lifesaving skills: CPR and defibrillation skills
	19	What are human rights? (second half)	
	20	Do I have the right to say whatever I want? (first half)	10 - How can we balance human rights?
	21	Do I have the right to say whatever I want? (second half)	
Spring 2	22	What rights do asylum seekers have? (first half)	11 - Should my privacy be protected at all costs?
	23	What rights do asylum seekers have? (second half)	
	24	How might people show their commitment to their partner? (first half)	12 - How does the law try to protect victims of FGM and GBV?
	25	How might people show their commitment to their partner? (second half)	
	26	Spare lesson to catch up on any missed content	13 - What are my personal boundaries?
Summer 1	28	What is sexual harassment? (first half)	
	29	What is sexual harassment? (second half)	14 - What risks might be involved in sexual acts?
	30	What factors might affect my fertility? (first half)	
	31	What factors might affect my fertility? (second half)	15 - What other forms of contraception exist?
	32	What options does someone have if they are pregnant? (first half)	
	33	What options does someone have if they are pregnant? (second half)	16 - What happens during pregnancy?
Summer 2	33	Are all parents the same? (first half)	
	34	Are all parents the same? (second half)	17 - How might citizens become involved in the legal system?
	35	How do courts decide on sentences? (first half)	
	36	How do courts decide on sentences? (second half)	18 - What is international law?
	37	What does the UK have to do with the Commonwealth? (first half)	
	38	What does the UK have to do with the Commonwealth? (second half)	19 - What does the UK have to do with the United Nations?
	39	Spare lesson to catch up on any missed content	

Unit 1 Managing My Health

Unit 2 It's My Right

Unit 3 Risks and Relationships

Unit 4 Courts of Sorts

Careers As directed