

YEAR 11 PSHE 2025/2026

Term	Week Number	Tutor time sessions	Timetabled lessons
Autumn 1	1		-
	2	How can I manage stress?	1 - Careers content – TBC
	3	How can I manage stress?	
	4	How can I deal with disappointment?	2 - Careers content – TBC
	5	How can I deal with disappointment?	
	6	How might my health affect my exam performance?	3 - Careers content – TBC
	7	How might my health affect my exam performance?	
	8	What is phishing? (continues into timetabled lesson)	4 - What is phishing?
Autumn 2	9	How do loans and mortgages work?	
	10	How do loans and mortgages work?	5 - Do I really need insurance?
	11	What are pensions?	
	12	What are pensions?	6 - How are taxes calculated?
	13	Space has been left here to allow for changes needed to allow for 2 weeks of mocks	
	14	Space has been left here to allow for changes needed to allow for 2 weeks of mocks	7 - Space has been left here to allow for changes needed to allow for 2 weeks of mocks
	15	Spare lesson to catch up on any missed content	
Spring 1	16	Where does the government spend our money? (continues into timetabled lesson)	8 - Where does the government spend our money?
	17	What is foreign aid? (selected activities from this session)	
	18	Am I allowed to vote? (selected activities from this session)	9 - How can I vote in a General Election?
	19	Is our current electoral system fair?	
	20	Is our current electoral system fair?	10 - How democratic is the UK?
	21	How realistic is pornography?	
Spring 2	22	How realistic is pornography?	11 - How can I maturely end a relationship?
	23	What does stalking look like?	
	24	What does stalking look like?	12 - Where can I access sexual health services?
	25	Spare lesson to catch up on any missed content	
	26	Exams begin	Exams begin
Summer 1	28		
	29		
	30		
	31		
	32		
	33		
Summer 2	33		
	34		
	35		
	36		
	37		
	38		
	39		

Resilience and Readiness
Money Matters
Having a Sat
Relationship Realities
As described
Preparation for mocks or exams