

YEAR 8 PSHE 2025/2026

Term	Week Number	Tutor time sessions	Timetabled lessons
Autumn 1	1		-
	2	Where do laws come from? (first half)	1 - How do rules and laws differ?
	3	Where do laws come from? (second half)	
	4	Who is involved in the legal process? (first half)	2 - What crimes occur near me?
	5	Who is involved in the legal process? (second half)	
	6	How am I influenced? (first half)	3 - Are all courtrooms the same?
	7	How am I influenced? (second half)	
	8	Spare lesson to catch up on any missed content	4 - What do I need to know about gangs?
Autumn 2	9	What should I know about knife crime? (first half)	
	10	What should I know about knife crime? (second half)	5 - What is grooming?
	11	What does 'county lines' mean? (first half)	
	12	What does 'county lines' mean? (second half)	6 - What is extremism?
	13	What are hate crimes?	
	14	Introduction to creative assessment	7 - Assessment - design a campaign How can I share key information about crime with others? (adapted into 2 TTL and 1 lesson)
	15	<i>Preparation for creative assessment</i>	
Spring 1	16	What does caffeine do to my body? (selected activities from this session)	8 - What are prescription drugs?
	17	What are units? (first half)	
	18	What are units? (second half)	9 - What are the physical effects of drinking alcohol?
	19	What are the social effects of drinking alcohol? (first half)	
	20	What are the social effects of drinking alcohol? (second half)	10 - How can I manage influence and pressure around alcohol?
	21	Which common health conditions should I know about? (first half)	
Spring 2	22	Which common health conditions should I know about? (second half)	11 - How can I help someone who is choking or who is hurt?
	23	What is CPR, and how do defibrillators work? (first half)	
	24	What is CPR, and how do defibrillators work? (second half)	12 - What do antibiotics do to my body?
	25	How do vaccinations work? (first half)	
	26	How do vaccinations work? (second half)	13 - Should vaccinations be compulsory?
Summer 1	28	#WeWill leadership session 1 (selected activities from session)	
	29	#WeWill leadership session 2 (selected activities from session)	14 - Careers content – TBC
	30	#WeWill leadership session 3 (selected activities from session)	
	31	#WeWill leadership session 4 (selected activities from session)	15 - Careers content – TBC
	32	#WeWill leadership session 5 (selected activities from session)	
	33	#WeWill leadership session 6 (selected activities from session)	16 - Careers content – TBC
Summer 2	33	What are my rights as a consumer? (first half)	
	34	What are my rights as a consumer? (second half)	17 - Which documents can help me to keep track of my money?
	35	How can a budget help to manage my money? (first half)	
	36	How can a budget help to manage my money? (second half)	18 - How effectively can I budget for a real-world scenario?
	37	How does credit work? (first half)	
	38	How does credit work? (second half)	19 - What are the potential effects of gambling?
	39	<i>Spare lesson to catch up on any missed content</i>	

Unit 1 Law and Order

Unit 4 Keeping Healthy

Unit 2 Crime and Influence

Unit 5 We Will Leadership

Unit 3 Drink and Drugs

Unit 6 My Money

Careers As directed