

YEAR 9 PSHE 2025/2026

| Term | Week Number | Tutor time sessions | Timetabled lessons |
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| Autumn 1 | 1 | | - |
| | 2 | How can I judge the reliability of a news article? (first half) | 1 - What is news? |
| | 3 | How can I judge the reliability of a news article? (second half) | |
| | 4 | How might I be manipulated? (first half) | 2 - How can I verify information? |
| | 5 | How might I be manipulated? (second half) | |
| | 6 | What is body image? (first half) | 3 - How can I REVIEW my news? |
| | 7 | What is body image? (second half) | |
| | 8 | Catch up session for anything that is missed | 4 - How might the media influence how I feel about the way I look? |
| Autumn 2 | 9 | How might drugs affect us? (first half) | |
| | 10 | How might drugs affect us? (second half) | 5 - Careers content - TBC |
| | 11 | Why might people use steroids? (first half) | |
| | 12 | Why might people use steroids? (second half) | 6 - Careers content – TBC |
| | 13 | What does the law say about drugs? (first half) | |
| | 14 | What does the law say about drugs? (second half) | 7 - Careers content – TBC |
| | 15 | Spare lesson to catch up on any missed content | |
| Spring 1 | 16 | What is addiction? (Part one) | 8. Why do people use drugs? |
| | 17 | What is addiction? (Part two) | |
| | 18 | What might happen If I take drugs? (part one) | 9. What risks are linked to drug use |
| | 19 | What might happen If I take drugs? (part two) | |
| | 20 | Additional careers session? | 10. Should cannabis be legalised? |
| | 21 | Additional careers session? | |
| 7 | 22 | What does a democratic country look like? (selected activities from this session) | 11 - How else might a country be run? |
| ii. | 23 | What does the Cabinet do? (first half) | |
| Spring 2 | 24 | What does the Cabinet do? (second half) | 12 - What advice would I give to the Cabinet in an emergency? |
| 0, | 25 | Who in the UK holds the greatest power? (first half) | |
| | 26 | Who in the UK holds the greatest power? (second half) | 13 - How are those in power held to account? |
| Summer 1 | 28 | What do healthy, romantic relationships look like? (first half) | |
| | 29 | What do healthy, romantic relationships look like? (second half) | 14 - What is consent? |
| | 30 | What does the law say about sharing nudes? (first half) | |
| | 31 | What does the law say about sharing nudes? (second half) | 15 - What are potential signs of abuse? |
| | 32 | How are condoms used? (first half) | |
| | 33 | How are condoms used? (second half) | 16 - What are STIs? |
| | 33 | How are our differences protected by the law? (first half) | 47. Here been attituded to record and an element of the |
| 2 | 34 | How are our differences protected by the law? (second half) | 17 - How have attitudes towards sex and gender changed over time? |
| Jer | 35 | How have attitudes towards sexual orientation changed? (first half) | |
| Summer 2 | 36 | How have attitudes towards sexual orientation changed? (second half) | 18 - How have attitudes towards race changed over time? |
| | 37 | How can I effect change? (first half of first lesson) | |
| | 38 | How can I effect change? (second half of first lesson) | 19 - How can I effect change? (second lesson) |
| | 39 | Spare lesson to catch up on any missed content | |

| Unit 1 | Media Literacy |
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| Unit 2 | Drugs and Dilemmas |
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| Unit 3 | Political Power |
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| Unit 4 | Condoms and Consent |
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| Unit 5 | Identity, Diversity and Change |
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| Careers | As directed |