

ORMISTON SUDBURY ACADEMY

SKI TRIP: Saturday 28th March – Friday 3rd April 2025

At the time of preparing this update all information is accurate and relevant but, as with any major trip, there may inevitably be some fine tuning to be done as we get closer to the departure date. A final itinerary will be issued around mid-March and be on the OSA website.

Travel Insurance and GHIC/EHIC Cards

Please note that the Academy has a School Journey Insurance Policy (including Winter Sports).

If your child currently has an GHIC/EHIC card, please check that the card is still valid (they are valid for 5 years from date of issue) and dated until 3 months after the end of the trip, ie 5 July 2026. We cannot take you on the trip without this. If you need to apply for an EHIC/GHIC card, please do so as soon as possible. These are supplied free of charge via <https://www.gov.uk/european-health-insurance-card>. Please do not use any site which requests a payment for this service.

Travel Itinerary

Outbound –Saturday 28th March 2026

Meet Mrs Collins outside the Stansted Airport Terminal Departures area at Stansted Airport at **5.15hrs**

Flight departs at 8.15am from London Stansted to Venice M Polo Ryanair flight FR8427.

Mrs Collins will wait outside the terminal and direct students in to save parents staying longer than the 10 minutes allowed at the Express Set Down (currently £7 for under 15 minutes, stays over 15 minutes are charged at £25. Alternatively, you could use their free option in the Mid Stay Car Park for an hour.)

Inbound – Friday 3rd April 2026

Flight departs Venice M Polo at 12.20 hrs to London Stansted Ryanair Flight No FR795.

Students to be collected from inside Stansted Airport Terminal at one of the Domestic Arrivals entrances at approximately 14.15hrs (Flight is due to land at 13.40 hrs). Staff will stay with students until they are collected. You can check on the status of the flight by accessing the Airport website Live Flight Arrivals.

The Resort

Falcade offers a diverse range of skiing experiences with its slopes catering to all levels of skiers. The resort features a variety of runs, including:

- **80 km of marked runs** in Falcade, part of the Trevalli ski area with access to 113 marked pistes.
- **47 ski lifts** serving the area, ensuring easy access to the slopes.
- **Modern lifts** and meticulously groomed slopes, providing a perfect setting for skiing and snowboarding.
- **Family-friendly atmosphere** with cozy mountain huts and a large snow park.
- **Artificial snow-making systems** and a snowmaking system for reliable snow cover.

The Accommodation

The hotel is in a great location in the heart of the resort and only 800m from the gondola which takes you up to the ski school meeting point. Facilities here include a large function room, TV room, games room, heated ski boot room and restaurant. External après-ski options include ice-skating (subject to weather conditions) and pizza night, both in walking distance from the hotel.

The evening entertainment will be arranged as appropriate but we have plans for the following: pizza night, ice-skating, quiz and games night as well as a presentation evening.

Supervision

Staff will make every effort to ensure that your son/daughter has a safe but exciting, challenging and rewarding week's skiing. To achieve this, we need all skiers and of course their parents/carers to support us. The students need to respect the mountain environment, their ski instructors and, of course, the OSA staff's instructions and advice. Our students **will not ski unsupervised at any time**. AfPE (Association for Physical Education) guidelines are followed and adhered to by staff throughout the week and this generally ensures that we return with the same number of students that we started with and still in one piece!

Having said all that it should be stressed that skiing is a potentially dangerous sport and injuries may occur. We will of course treat injuries appropriately, seek medical help, etc. I will telephone you only if there is a situation where we (the staff) feel that the situation requires you to be informed. Minor aches, sprains and bumps are best treated in-house in the first instance by OSA staff and/or the resort medical facilities as appropriate. Any students requiring hospital treatment will be accompanied by an appropriate member of OSA staff who will remain with them throughout their stay.

Supervision off the slopes is equally important, members of staff will be available at all times within the hotel and students will be accompanied to and from the slopes in designated year groups each day. Evening entertainment will be planned as the week progresses and most of the après ski activities are included in the price or will incur a small cost to the students.

A Typical Day on an OSA Ski Trip will be:

7.30 am (ish)	Woken by the dulcet tones of Miss Banthorpe, Mr Dodd,
8.00 am	Breakfast.
8.30 am	Get 'kitted' up. Don't forget any medication.
9.00 am	Hit the slopes, ski lesson.
12.00 noon	Lunch at a mountain restaurant.
2.00 pm	Ski lesson.
4.30 pm	Back to the hotel, shower, etc.
6.30 pm	Dinner.
7.30 pm	Group meeting for the day's skiing awards and to discuss itinerary for the next 24 hours.
8.00 pm	Après Ski.
10-11.00 pm	Bedtime: (this will depend upon attitude, behaviour and what's on!!). Generally, students go to bed earlier as the week goes on. Obviously, illness or injury will mean that students may not be able to ski but being too tired to ski may suggest an earlier bedtime is required!!

Kit List

Students are allowed the following items of baggage:

One suitcase/bag to go in the hold (labelled clearly) – labels will be provided near the time. The bag should weigh no more than **20 kg**. It should contain:

- Ski gear: to include ski jacket (although it is strongly advised that you wear this on the 'plane), salopettes, 3 pairs of ski socks, 3 x T-shirts, thermal underwear, sweatshirts, gloves, hat, sunglasses and goggles, sunscreen and lip salve.
- Casual Clothes: high heels and party dresses will not be required. A couple of casual outfits, smart casual at most, are all you need. Après ski discos generally consist of jeans and a top!
- Toiletries: One towel (although hotel towels are provided), shampoo, comb, brush, soap, toothbrush and toothpaste, antiperspirant, etc.

In short, all your requirements for the week.

Snow Union are the hire company that are supporting our trip. The cost to hire a ski jacket and trousers / salopettes is £45. They also sell all the additional clothing and products required. Visit their website www.snowunion.co.uk for details.

If orders are placed for Ski accessories before the 7th December deliveries will be made to the academy so the students can bring their purchases home, ready for Xmas.

Snow Union offer a service where they deliver and fit all hire clothing at school a few weeks before the group departs for the slopes, giving you time to try on the clothing and make any necessary adjustments.

In addition to the 20 kg suitcase/bag to go in the hold, you may carry 1 small bag up to 56 x 36 x 23 cms including handles and wheels, eg a rucksack/school bag NOT a cabin bag, as this isn't included in the price. If students do bring a bag that is too big, they will have to pay the additional costs themselves.

Medications that students need to have with them such as Epi-Pens, asthma inhalers should be carried on them or in hand baggage. Other medications will have been handed in prior to the trip and will be carried in hand baggage by a member of staff.

Any quantities of liquid that go in hand baggage (the term liquid refers to creams, lotions, mousses, perfumes, cosmetics, pastes, gels and foams) must be stored in containers no bigger than 100 ml and carried in a clear, re-sealable plastic bag with maximum dimensions of 20 cm x 20 cm. These bags will need to be present at security and we may be asked to dispose of liquids that do not meet these requirements. Please refer to the Ryanair website for further clarification as to what can be included in hand baggage and how to pass through Security without any problems: <https://www.stansted-airport-guide.co.uk/security.html>

Please note that charges for excess baggage weight are extremely expensive and it will be the student's responsibility to pay these costs at both airports, so please check the weight before leaving for the airport!

Helmets

Ski helmets are provided as part of the ski hire. It is a requirement of OSA that all students wear helmets when skiing.

Skiing

Skis, boots, helmets and poles are fitted by a professional ski fitter on the first day in the resort. Each individual is then responsible for their own equipment until the end of the last day's skiing when the equipment is returned. The equipment is locked away each night in a store in the hotel/or close by and is recovered each morning. Only your own boots and skis which have been assigned to you will fit, please make sure you take your equipment and not anyone else's!!!!

All students will receive two hours of skiing tuition in the morning and two hours in the afternoon. Lessons will be delivered by qualified instructors.

Passports, etc

We will collect in passports and EHIC cards **w/c Monday 2nd March , to arrive by Monday 9th March at the latest.** They will remain in the Academy safe until departure. Passports will be handed to students at the check-in and security queue and collected in Venice at the airport. They will be kept in the hotel's safe and returned when we return to Stansted.

Medication

If your child takes ANY kind of medication, please discuss this with a member of staff as soon as possible and remember to includes details.

With the exception of Epi-Pens and asthma inhalers, all medication should be sent in by **Monday 9th March.** Where a member of staff is required to administer medicine, you will need to complete and sign an Administration of Medication Form and, possibly, a Health Care Plan. There will be separate arrangements for any student who may need to use either an Epi-pen or asthma inhaler. If this is applicable to your son/daughter, please discuss this with a member of staff.

The teachers accompanying the trip are all members of the PE Department and are all First Aid trained.

Après Ski and Meal Times

Both of the above activities are regarded as important aspects of any ski holiday. Meal times allow for discussion, sharing experiences and general socialising. At lunch and especially during the evening meal we would appreciate the students taking time out to enjoy the food. It creates a far more civilised experience for our students and staff and demonstrates a certain amount of respect for the hotel/restaurant staff and fellow hotel guests.

Spending Money

The level of spending money is always difficult to advise upon. All food, equipment and instruction is included in the cost of the trip apart from soft drinks and snacks. I would, however, suggest students take no more than 100 euros and perhaps a few pounds to have available at Stansted Airport.

Emergency Contact

Should you need to contact any member of staff, please contact the hotel in the first instance on 00 376 814 191.

Happy Skiing!!