

YEAR 10 PSHE 2026/2027

Term	Week Number	Mix of tutor time and timetabled lessons
Autumn 1	1	
	2	What a human rights
	3	How can we balance human rights
	4	Do I have the right to say whatever I want
	5	Should my privacy be protected at all costs
	6	What rights do asylum seekers have
	7	Why do some people use 'honour' to justify abuse
	8	How does the law try to protect victims of honour based abuse
Autumn 2	9	How can I optimise my physical health
	10	How can I identify meningitis and strokes
	11	What are the wider effects of vaping
	12	What else should I know about drugs and alcohol
	13	What is cancer
	14	How can I examine myself
	15	What parts of our bodies can be donated to others
Spring 1	16	How are our differences protected by law
	17	How have attitudes to sex and gender changed over time
	18	How have attitudes towards sexual orientation changed
	19	How have attitudes towards race changed over time
	20	How can I effect change
	21	What is sexual harrassment
Spring 2	22	What risks might be involved in sexual acts
	23	What other forms of contraception exist
	24	How can people prevent and manage STIs
	25	What factors might affect a persons fertility
	26	Careers lesson
Summer 1	28	What help is available for people who find it difficult to conceive
	29	
	30	mocks
	31	What options does someone have if they are pregnant
	32	Why is reproductive health important
	33	What happens during pregnancy
Summer 2	33	Are all parents the same
	34	What is foreign aid
	35	What is international law
	36	What does the UK have to do with the Commonwealth
	37	What does the UK have to do with the United nations
	38	
	39	