Ormiston Sudbury Academy

YEAR 11 PSHE 2026/2027

Term	Week Number	Mix of tutor time and timetabled lessons
Autumn 1	1	
	2	How can I manage stress
	3	How can I deal with disappointment
	4	How might my health affect my exam performance
	5	Careers lesson
	6	Careers lesson
	7	Careers lesson
	8	What is phishing
Autumn 2	9	How do loans and mortgages work
	10	What are pensions
	11	
	12	mocks
	13	Do I really need insurance
	14	*How are taxes calculated*
	15	Where does the government spend our money
Spring 1	16	Am I allowed to vote
	17	How can I vote in a General Election
	18	Is our current electoral system fair
	19	How democratic is the UK
	20	How realistic is pornography
	21	How might pornography influence attitudes and behaviours
Spring 2	22	
	24	mocks
	25	How can I maturely end a relationship
	26	*What does stalking look like*
Summer 1	28	When does behaviour in relationships go to far
	29	Where can people access sexual health services.
	30	Exams begin
	31	
	32	
	33	
Summer 2	33	
	34	
	35	
	36	
	37	
	38	
	39	