

YEAR 9 PSHE 2026/2027

Term	Week Number	Mix of tutor time and timetabled lessons
Autumn 1	1	
	2	What are my rights as a consumer
	3	Which documents can help me to keep track of my money
	4	How can a budget help to manage my money
	5	How does credit work
	6	What are the potential effects of gambling
	7	How can I ensure that my money is kept safe
	8	How effectively can I budget for a real world scenario
Autumn 2	9	What makes me happy
	10	<i>What is mental health</i>
	11	How am I influenced
	12	How do I view myself
	13	How can I cope with grief
	14	What is addiction
	15	<i>What does caffeine do to my body</i>
Spring 1	16	What are prescription drugs
	17	What do antibiotics do to my body
	18	Why might people use steroids
	19	What does the law say about drugs
	20	What risks are linked to drug use
	21	Should cannabis be legalised
Spring 2	22	What can good communication make relationships stronger
	23	How can we manage pressure in relationships
	24	What are the potential signs of abuse
	25	How can online behaviour and content affect relationships
	26	<i>What does the law say about sharing nudes</i>
Summer 1	28	What might people think or feel about sex
	29	How are condoms used
	30	What are STI's
	31	What does a democratic country look like
	32	How else might a country be run
	33	What does a cabinet do
Summer 2	33	What advice would I give to the Cabinet in an emergency
	34	Who in the UK holds the greatest power
	35	How are those in power held to account
	36	How might citizens become involved in the legal system
	37	How do courts decide sentences
	38	Careers lesson
	39	<i>Spare lesson to catch up on any missed content</i>